



Construction Helper

Posted by: Proficient Constructions Ltd.

Posting date: 24-Jul-2025 **Closing date:** 20-Jan-2026

Education: Secondary (high) school graduation certificate

Language: English

Job location: Calgary

Salary: \$25.00 Per Hour

Years of Experience: Fresher (less than 1 year)

Vacancy: 2

Job Type: Full Time

Job id: CAJ6060156

Job description:

Employer: Proficient Constructions Ltd.

Position: Construction Helper

Address: Unit 201F, 3740 11A Street NE, Calgary, AB T2E 6M6

Wage Rate: \$25.00

Weekly Hours: 30-40

Employment Type: Full-time Permanent

Start Date: As soon as possible

Vacancy: 2

Languages: English

Education: Secondary (high) school graduation certificate

Experience: Will train

Work site environment:

- Dusty
- Noisy

Tasks:

- Load, unload and transport construction materials
- Erect and dismantle concrete forms, scaffolding, ramps, catwalks shoring and barricades
- Assist in framing houses, erecting walls and building roofs
- Clean and pile salvaged materials
- Perform routine maintenance work
- Clean up chemical spills and other contaminants
- Remove rubble and other debris at construction sites
- Direct traffic at or near construction sites

Weight handling: Up to 23 kg (50 lbs)

Personal suitability:

- Dependability
- Flexibility
- Reliability
- Team player
- Hardworking

How to apply

By email: jobs.proficientconstruction@yahoo.com

By mail: Unit 201F, 3740 11A Street NE, Calgary, AB T2E 6M6

Posted on [canadianjobportal.com](https://www.canadianjobportal.com)